

MONTHLY MEDITATION at Yoga Space

Beginning this month, June, 2015, Yoga Space will hold a monthly meditation. Whether you are experienced in meditation, or have never meditated it before, you are most welcome.

When: The last Sunday of each month
7:00 pm - 8:00 pm
The meditation itself will last one-half hour.

Where: Yoga Space
4206 Gallatin Street, Hyattsville, MD 20781

Fee: There is no fee, but a small monetary donation to St. Jeromes Cafe, which feed the needy is appreciated.

For more information please visit, call or e-mail:
www.yoga-space.org
or find us on facebook, yoga_space@hotmail.com
301.699.5440



Yoga
space